



AETA OPEN ENGLISH CHAMPIONSHIPS

17th/18th October 2026

ENTRY CLOSES: Friday 9th October at Midnight

Only members affiliated to the ITF www.itftkd.sport are eligible to participate. The exception is if outside groups are interested in having an opportunity to experience our ITF events with a view to applying to join the ITF or ITF England. If this is the case please email us at competitions@aeta.uk.

AGE RANGES – Male and Female Categories split

- Child: (born in 2017 or after)
- Cadet: (born in 2014, 2015 or 2016)
- Pre-Jnr: (born in 2011, 2012 or 2013)
- Jnr: (born in 2008, 2009 or 2010)
- Adult: (born from 1990 to 2007)
- Senior: (born in 1989 or before or can choose to enter the Adult category but cannot do both & must use 1990 as the year of birth)

ENTRY FEES

Only clubs have a chance to win the overall cup, therefore we encourage each club to enter this event and not associations. Apply with your school name and instructor, once accepted you will be able to apply to enter this event. (**Early bird discount until Friday 2nd Oct at 23.59**)

	Price	Early Bird
Child/Cadet/Pre-Jnr/Jnr/		
Adult/Snr Colour Belts/Snr Black Belts (re-qualification)	£55	£45
Pre-Jnr/Jnr/Adult Black Belts (league)	£65	£55

COMPETITOR ATTIRE

All competitors must wear a white ITF dobok showing the ITF logo from the ITF affiliated to the ITF <https://itftkd.sport>. The exception is in the case of a group that has recently joined the ITF and will be upgrading their dobok shortly. Doboks with National Team names and flags are **not** allowed and must be covered or changed. For very young competitors (from a kids program), they will be allowed to wear the belt from that program (i.e. stripes), however it's essential they are only registered in the appropriate categories i.e. 10th/9th kup.

SPECTATOR FEES

Spectator fees are a single price which covers both days. You can purchase them online in advance to save time queuing and paying on the day. These fees go towards covering the costs for the umpires. Spectators cannot enter the competition area.

4yrs and under	Free
5yrs+	£5

COACHES FEES

Coaches will be required to pay the spectator entry but must have pre-registered for a coaches pass (Any number of your competitors can coach each other). **Coaches are not a requirement in this event for the colour belts, therefore if the opposing competitor does not have a coach, the other competitor will also not have a coach to make it fair on both competitors.** On Sunday, Black Belts **must** have a coach for Sparring.

Saturday – Coach min age 12yrs Sunday – Coach min age 15yrs

Coach must be licenced and in TKD training

Based on the number of competitors from your club each day

1-5 Competitors	2 Coach Bands
6-10 Competitors	3 Coach Bands
11-20 Competitors	4 Coach Bands
21+ Competitors	6 Coach Bands

Once the entry is closed, the head of delegation will receive the number of Codes on their online account to designate the free Coaches Bands, these must be completed online through the instructors' login. The bands will be handed to the individual at registration. Coach Bands are not transferrable.

COACHES ATTIRE

Club T-shirt, track suit trousers, socks, training shoes and a towel. Coaching in dobok is **not** allowed.

REFEREES

We would like to invite all Black Belts to volunteer as umpires on **Saturday** to help ensure fairness and the smooth operation of the event. With Black Belt competitions taking place on **Sunday**, this is a great opportunity for experienced referees—and those looking to gain valuable experience—to officiate at a high level.

This event also serves as an excellent platform for umpires to demonstrate their skills, potentially opening doors to officiate at international competitions in the future.

Compensation & Registration for Sunday only

Referees selected to officiate on **Sunday** will receive compensation as follows:

- **Class A/B Jury President:** £75
- **Class A/B Centre Referee or Referee:** £50
- **Class C Referee:** £30

Only **42 umpires** will be accepted for Sunday through the **online application process**. The following minimum qualifications are required for each role:

- **Jury President:** Class A or B
- **Centre Referee:** Class A or B
- **Referee:** At least Class C
- **Class D (trained 1st/2nd Kups)** may also volunteer to referee or serve as jury members for experience and development.

When registering, please provide your **ITF umpire number** and **bank details** for payment processing. Those without an ITF umpire number are still welcome to officiate voluntarily, though compensation will not be provided. Lower-certified umpires may also be considered for Centre Referee or Jury President roles where appropriate.

We are committed to providing our competitors with the highest standard of officiating. All compensation for umpires is funded through spectator and coach admission fees—thank you for helping make this event a success.

Applications to umpire will open on 15th June 2026 and closes on 11th October, you will be notified immediately once accepted. You will be able to apply on the website **www.aeta.uk**.

Dress Code – Navy blue suit, white shirt, navy blue tie, white socks, white trainers, pen. For Class D (1st/2nd Kup) Dark trousers, white shirt (no tie), white socks, trainers.

FINE FOR NOT SUBMITTING UMPIRES ON SUNDAY

For clubs not submitting umpires on the Sunday, the following fines will apply and must be settled by Wednesday 14th October.

1-3 Competitors 0 Umpire £0

4-14 Competitors 1 Umpire or £75 fine

15+ Competitors 2 Umpires or £150 fine

ELECTRONIC SCORING

We have developed our own electronic sparring scoring system that we may be using on the Sunday at this event with TV screens showing the results live. Umpires will have the opportunity to learn and use this system, we will have flags and clickers on for the Saturday and Sunday if required.

DRAW SYSTEM FOR PATTERN AND SPARRING

We are using a re-qualification system for the colour belts and Senior Black Belts that means if a competitor loses a round then they will compete again in the Bronze medal draw where up to two bronze medals will be up for grabs on the Saturday. Once a competitor loses two bouts then they are out of the draw. On Sunday Pre-Jnr, Jnr & Adult Black Belts will compete in leagues, if there is more than one league then the top two in that league will qualify for the knockout stages where the leagues will be mixed i.e. Winner of league A vs Runner up of league B etc... **On the Sunday there will only be one bronze medal available.**

Only medals that are won can go towards points for overall competitors and Club awards. Medals will still be handed out in categories of **4 or less on the Saturday Only** but will not count towards overall points. Overall champions from each age range and from all three events will receive a special overall trophy. In the case of a draw the organising committee will calculate which competitor has either competed with the most competitors or passed the greatest number of rounds.

There will be 3 overall club trophies for 1st, 2nd and 3rd place. This is only available for clubs and not for associations who amalgamate competitors under one name.

By competing in this event, competitors will:

- Wear a white ITF dobok with ITF branding
- Accept the competition schedule which may change
- Accept that the organizers may modify/merge a division and/or category based on the number of competitors by one division/category
- Accept the ITF Rules unless they differ according to these rules

SCHEDULE

Friday 16th October (at The Dolphin)

18.00-20.00 Early registration and weigh in (all ages and grades)

Saturday 17th October

COMPETING CHILD/CADET/PRE-JNR COLOUR BELTS

(Any Cadet black belts will compete on Saturday as well)

8.00am Umpires arrival

8.00am-9.00am Registration for Child and Cadet

8.30am Umpire Meeting – Umpire Room

9.00am Coaches Meeting

9.30am Competition Starts for Child and Cadet

12.30pm-1.30pm Registration for Pre-Jnr Colour Belts, optional registration for Pre-Jnr Black Belts, Junior, Adults & Seniors

2.30pm Competition Starts for Pre-Jnr Colour Belts

Sunday 18th October

COMPETING JNR/ADULT/SNR COLOUR BELTS & PRE-JNR/JNR/ADULT/SNR BLACK BELTS

8.00am Umpires arrival

8.00am-9.00am Registration for Pre-Jnr Black Belts, Junior, & Seniors

8.30am Umpire Meeting – Umpire Room

9.00am Coaches Meeting

9.30am Competition Starts

VENUE AND DIRECTIONS

VENUE

The Dolphin, Haywards Heath, RH16 1LY
(score.lateral.questions – What3Words)

Tel: 01444 457337

AIRPORT

The closest airport to Haywards Heath is Gatwick which is just 12.7 miles away (25 minutes by car)

TRAIN

There is a train station which is within .3 miles from the venue that servicing London Victoria, Cambridge and Brighton. You can also travel to Haywards Heath directly by train from Gatwick airport that takes 10mins.

<https://www.southernrailway.com/journey/gatwick-airport-to-haywards-heath>

TUNNEL

If Arriving by Eurotunnel the venue is one and a half hours away (80 miles)

PARKING

Car Parking is a serious issue at The Dolphin as the car park is extremely busy most of the time. Therefore there will be limited parking for our event. Chargeable parking is available nearby and at the multi storey car park in Haywards Heath Station just a 5-7 minute walk away. Or you can also use the Town Centre's car parks.

Care Park – Haywards Heath Car Park, Harlands Rd, Haywards Heath RH16 1PG

NCP Harlands Road Car Park, Harlands Rd, Haywards Heath RH16 1LS

HOTELS Please book early

Premier Inn Haywards Heath (.5 miles from the venue)

10 mins walking distance from the venue

<https://www.premierinn.com/gb/en/hotels/england/west-sussex/haywards-heath/haywards-heath.html?ARRdd=24&ARRmm=10&ARRyyy=2025&NIGHTS=2&ROOMS=1&ADULT1=1&CHILD1=0&COT1=0&INTTYP1=DB&BRAND=PI>

Birch Hotel Haywards Heath (1.7 miles from the venue)

https://www.booking.com/hotel/gb/birchhotel.html?selected_currency=GBP&label=olr%3ACjwKCAiAjPyfBhBMEiwAB2CCItCznIGhzSX9g2qH3sDAZDTah6B1CC4lrMo4YA7vSFtztjelu9NfBoCVV8QAvD_BwE&checkin=2023-10-14&auth_success=1&checkout=2023-10-15&aid=1250365

The Wheatsheaf Inn Cuckfield (1.1 miles from the venue)

https://www.booking.com/hotel/gb/the-wheatsheaf-inn-cuckfield.en-gb.html?aid=356930&label=metagha-link-MRGB-hotel-6156318_dev-desktop_lo-1_bw-4_dow-Sunday_defdate-1_room-0_gstadt-2_rateid-public_aud-0_gacid-14528995839_mcid-50_ppa-1_clrid-0_ad-1_gstkid-0_checkin-20230305_lp-1006666_r-4431002421859963145&sid=1897ef1791148045668b48c6cb35959b&all_sr_blocks=615631802_242358418_2_1_0;checkin=2023-10-14;checkout=2023-10-15;dest_id=-2593819;dest_type=city;dist=0;group_adults=2;group_children=0;hapos=1;highlighted_blocks=615631802_242358418_2_1_0;hpos=1;matching_block_id=615631802_242358418_2_1_0;no_rooms=1;req_adults=2;req_children=0;room1=A%2CA;sb_price_type=total;sr_order=popularity;sr_pri_blocks=615631802_242358418_2_1_0_8415;sreepoch=1677689748;srpvid=a2bb77087a150305;type=total;ucfs=1&#hotelTmpl

Travelodge Hickstead (6.2 miles from the venue)

[https://www.travelodge.co.uk/hotels/35/Hickstead-hotel?checkIn=05/03/2023&checkOut=06/03/2023&rooms\[0\]\[adults\]=2&r](https://www.travelodge.co.uk/hotels/35/Hickstead-hotel?checkIn=05/03/2023&checkOut=06/03/2023&rooms[0][adults]=2&r)

[ooms\[0\]\[children\]=0&utm_source=GHF&utm_medium=GHF&utm_campaign=GB0722GHF](#)

Premier Inn Uckfield (11.2 miles from the venue)

<https://www.premierinn.com/gb/en/hotels/england/east-sussex/uckfield/uckfield.html>

There are also many hotels around the Gatwick area which is just 12.7 miles (25 minutes) away.

CATEGORIES & EVENTS

PATTERN (Male & Female separated)

10th/9th Kups will perform Saju Jirugi or Chon-Ji (designated)

8th/7th Kups will perform Dan-Gun or Do-San (designated)

6th/5th Kups will perform Won-Hyo or Yul-Gok (designated)

4th/3rd Kups will perform Joong-Gun or Toi-Gye (designated)

2nd/1st Kups will perform Hwa-Rang or Choong-Moo (designated)

1st Degrees will perform Kwang-Gae to Ge-Baek (designated)

2nd Degrees will perform Eui-Am to Juche (designated)

3rd Degrees will perform Sam-Il to Choi-Yong (designated)

4th-6th Degrees will perform Yon-Gae to Moon-Moo (designated)

Clickers will be used for all categories as the competitors will perform the same pattern side by side.

In the case Kups or degrees are merged the designated pattern will be from the lowest Kup/degree. It is likely that in the Senior Category the Colour belts will be mixed in one category and the Black Belt Degrees will be mixed in another. This means higher Kups and Degrees must practice lower grade patterns.

SPARRING

CHILD Male and Female separated – 1 round of 60 seconds

Up to 120cms/125cms/135cms/145cms/155cms/over 155cms

White/Yellow	Green/Blue
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(If there are Red belts they may be merged with Green/Blue)

CADET Male and Female separated – 1 round of 60 seconds

Up to 125cms/135cms/145cms/155cms/165cms/over 165cms

White	Yellow/Green	Blue/Red
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PRE-JNR Colour Belt Male – 1 round of 90 seconds

Up to 45kg/over 45 to 52kg/over 52 to 60kg/over 60kg

White	Yellow/Green	Blue/Red
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(White belts they may be merged with the Yellow/Green)

PRE-JNR Black Belt Male – 1 round of 120 seconds (league)

Up to 45kg/over 45 to 52kg/over 52 to 60kg/over 60kg

PRE-JNR Colour Belt Female – 1 round of 90 seconds

Up to 42kg/over 42 to 50kg/over 50 to 58kg/over 58kg

White	Yellow/Green	Blue/Red
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(White belts they may be merged with the Yellow/Green)

PRE-JNR Black Belt Female – 1 round of 120 seconds (league)

Up to 42kg/over 42 to 50kg/over 50 to 58kg/over 58kg

JUNIOR Colour belt Male – 1 round of 120 seconds

Up to 55 kg/ over 55 to 65 kg/ over 65 to 75 kg/ over 75 kg

White/Yellow/Green	Blue/Red
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JUNIOR Colour belt Female – 1 round of 120 seconds

Up to 45 kg/ over 45 to 55 kg/ over 55 to 65 kg/ over 65 kg

White/Yellow/Green	Blue/Red
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JUNIOR Black belt Male – 1 round of 120 seconds (league)

Up to 50 kg/ over 50 to 55 kg/ over 55 to 60 kg/ over 60 to 65 kg/ over 65 to 70 kg/ over 70 to 75 kg/ over 75 kg

JUNIOR Black belt Female – 1 round of 120 seconds (league)

Up to 45 kg/ over 45 to 49 kg/ over 49 to 53 kg/ over 53 to 57 kg/ over 57 to 61 kg/ over 61 to 65 kg/ over 65 kg

ADULT Colour belt Male – 1 round of 120 seconds

Up to 65 kg/ over 65 to 75 kg/ over 75 to 85 kg/ over 85 kg

White/Yellow/Green	Blue/Red
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ADULT Black belt Male – 1 round of 120 seconds (league)

Up to 57 kg/ over 57 to 63 kg/ over 63 to 69 kg/ over 69 to 75 kg/ over 75 to 81 kg/ over 81 to 87 kg/ over 87 kg

ADULT Colour belt Female – 1 round of 120 seconds

Up to 50 kg/ over 50 to 60 kg/ over 60 to 70 kg/ over 70 kg

White/Yellow/Green	Blue/Red
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ADULT Black belt Female – 1 round of 120 seconds (league)

Up to 50 kg/ over 50 to 55 kg/ over 55 to 60 kg/ over 60 to 65 kg/ over 65 to 70 kg/ over 70 to 75 kg/ over 75 kg

SENIOR Male – 1 round of 90 seconds

Up to 68 kg/ over 68 to 76 kg/ over 76 to 84 kg/ over 84

White/Yellow/Green	Blue/Red	Black Belts
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SENIOR Female – 1 round of 90 seconds

Up to 60 kg/ over 60 to 67 kg/ over 67 to 74 kg/ over 74

White/Yellow/Green	Blue/Red	Black Belts
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WEIGH IN/HEIGHT CHECK

All competitors must height check/weigh in wearing a T shirt and dobok trousers only. A tolerance of .5kgs is allowed when weighing in and .5cms for height checks. All competitors must be within their height/weight class, it will be possible to edit these details online up until the closing date. Any changes in weight class on the day of competing can incur a £10 charge.

COMPETITOR PROTECTION REQUIREMENTS

This is mandatory for each age category. Groin guards are compulsory for male competitors over 135cms. Glasses cannot be worn during the Sparring event unless they are specific sports glasses for contact sports.

Child/Cadet: Mouth Guard, Head Guard, Closed fingered gloves, Groin guard (Male over 135cms), Feet Pads, Shin Guards

Pre-Jnr/Jnr/Adult/Snr: Mouth Guard, Head Guard, Closed fingered gloves, Groin guard (Male), Feet Pads (Shin pads are optional)

Mouth guards can be any colour and sparring gear does not need to be from an approved supplier, however they must follow the below standards:

- All Sparring gear must be in reasonable condition, if any equipment is falling apart then the competitor will have 3 minutes to change it.
- Closed fingered gloves: The thumb must be securely attached to the rest of the glove.
- No boxing gloves allowed
- No dipped foam sparring gear is allowed except head guards.
- Boots must cover the toes and heel.
- Groin guards must be worn on the inside of the trousers.

CONTACT RULES

Light contact rules apply, contact to the face is allowed in all age categories, however any hard contact to the face or body especially in the Child/Cadet categories can result in a foul or immediate disqualification.

For safety reasons we want to encourage Child/Cadets to aim towards hitting the headguard rather than the face with light contact. **Child/Cadets are not allowed to kick in a straight line to the face**, this can result in a foul or immediate disqualification if deemed dangerous.

IN THE EVENT OF A DRAW

In the case of a draw there will be **no extra time** but will instead go immediately to "Golden Point". In leagues flags will be counted, no draws will be allowed, however the number of flags from the round will be used to calculate the overall winners.

SPECIAL TECHNIQUE – 2 x Techniques

CHILD/CADET Colour Belts

Flying Side Kick Starting height is 50% of the height category

Flying High Kick Starting height is the height category + 10cms (an extra 10cms for +155cms and +165cms)

CHILD separated Male and Female and by height all grades together

Up to 120cms/125cms/135cms/145cms/155cms/over 155cms

CADET separated Male and Female and by height all grades together

Up to 125cms/135cms/145cms/155cms/165cms/over 165cms

RULES

All CHILD/CADET/PRE-JNR/JUNIOR Colour belts

Each competitor will have two attempts at jumping over a bar using a flying side kick and kick the pad or board (the foot needs to be sideways, although some allowances will be given for younger competitors) 3 points will be awarded if they are successful in jumping over the bar and using a side kick before landing.

Competitors also get two attempts at hitting the flying high kick (using the ball of the foot). 3 points will be awarded if they kick the board all the way back with the high kick. If the board only goes half way then just 1 point will be awarded. The points are added together and those with the most points go to the next round.

On the flying side kick if the bar falls off on the first attempt then they will get a second attempt straight afterwards.

On the flying high kick if they miss the target they will get a 2nd go straight away. If they just move the board a little and the umpires award 1 point then the competitor can choose to go again and better that attempt. If they miss on the second attempt then they will have 1pt for that technique.

The competitors will keep going higher on both techniques until the winners are decided. In the case of a draw the Jury President will select one of the techniques randomly, this will continue until the winners are decided.

PRE-JNR Male separated by 2 belt groups W/Y, G/B/R

TECHNIQUE (starting heights)	White/Yellow	Green/Blue/Red
Flying High Side Kick	100cms	105cms
Flying High Front Kick	190cms	200cms

PRE-JNR Female separated by 2 belt groups W/Y, G/B/R

TECHNIQUE (starting heights)	White/Yellow	Green/Blue/Red
Flying High Side Kick	85cms	90cms
Flying High Front Kick	170cms	180cms

PRE-JNR Black Belts

TECHNIQUE (starting heights)	Male	Female
Flying High Front Kick	220cms	190cms
Flying Turning Kick	200cms	170cms
Flying Reverse Turning Kick	180cms	160cms
Flying 360 Back Kick	180cms	160cms
Flying High Side Kick	115cms	100cms

All Pre-Jnr Black Belt competitors will have 1 measure (pre-judge) then one attempt on each technique. Everyone completes each technique in the above order i.e. all competitors perform Flying High Front Kick first, then all competitors perform Flying Turning Kicks etc...

JUNIOR Male separated by 2 belt groups W/Y/G & Blue/Red

TECHNIQUE (starting heights)	White/Yellow/Green	Blue/Red
Flying High Side Kick	110cms	120cms
Flying High Front Kick	210cms	220cms

JUNIOR Female separated by 2 belt groups W/Y/G & Blue/Red

TECHNIQUE (starting heights)	White/Yellow/Green	Blue/Red
Flying High Side Kick	95cms	105cms
Flying High Front Kick	190cms	200cms

JUNIOR Black Belts

TECHNIQUE (starting heights)	Male	Female
Flying High Front Kick	240cms	210cms
Flying Turning Kick	220cms	190cms
Flying Reverse Turning Kick	200cms	170cms
Flying 360 Back Kick	200cms	170cms
Flying High Side Kick	125cms	105cms

All Junior Black Belt competitors will have 1 measure (pre-judge) then one attempt on each technique. Everyone completes each technique in the above order i.e. all competitors perform Flying High Front Kick first, then all competitors perform Flying Turning Kicks etc...

ADULT Black Belts

TECHNIQUE (starting heights)	Male	Female
Flying High Front Kick	250cms	220cms
Flying Turning Kick	230cms	200cms
Flying Reverse Turning Kick	210cms	180cms
Flying 360 Back Kick	210cms	180cms
Flying High Side Kick	135cms	115cms

All Adult Black Belt competitors will have 1 measure (pre-judge) then one attempt on each technique. Everyone completes each technique in the above order i.e. all competitors perform Flying High Front Kick first, then all competitors perform Flying Turning Kicks etc...

POWER TEST

JUNIOR Black Belts

TECHNIQUE	Male	TECHNIQUE	Female
Forefist Punch	1 Board	Front Elbow Strike	1 Board
Knifehand Strike	2 Boards	Knifehand Strike	1 Board
Side Piercing Kick	3 Boards	Side Piercing Kick	2 Boards
Turning Kick	2 Boards	Turning Kick	1 Board
Reverse Turning Kick	1 Board	Reverse Turning Kick	1 Board

All Junior Black Belt competitors will have 1 measure (pre-judge) then one attempt on each technique. Everyone completes each technique in the above order i.e. all competitors perform Forefist Punch first, then all competitors perform Knifehand Side Strike etc...

ADULT Male separated 2 belt groups

TECHNIQUE	White/Yellow/Green	Blue/Red
Front Elbow/Knifehand Side Strike	Secret Choice	Secret Choice
Side Piercing Kick/Side Back Kick	Secret Choice	Secret Choice

ADULT Female separated 2 belt groups

TECHNIQUE	White/Yellow/Green	Blue/Red
Front Elbow/Knifehand Side Strike	Secret Choice	Secret Choice
Side Piercing Kick/Side Back Kick	Secret Choice	Secret Choice

ADULT Black Belts

TECHNIQUE	Male	TECHNIQUE	Female
Forefist Punch	2 Boards	Front Elbow Strike	1 Board
Knifehand Strike	2 Boards	Knifehand Strike	2 Boards
Side Piercing Kick	3 Boards	Side Piercing Kick	2 Boards
Turning Kick	2 Boards	Turning Kick	2 Boards
Reverse Turning Kick	2 Boards	Reverse Turning Kick	1 Board

SENIOR Male separated 2 belt groups

TECHNIQUE	White/Yellow/Green	Blue/Red
Front Elbow/Knifehand Side Strike	Secret Choice	Secret Choice
Side Piercing Kick/Side Back Kick	Secret Choice	Secret Choice

SENIOR Female separated 2 belt groups

TECHNIQUE	White/Yellow/Green	Blue/Red
Front Elbow/Knifehand Side Strike	Secret Choice	Secret Choice
Side Piercing Kick/Side Back Kick	Secret Choice	Secret Choice

SENIOR Male Black Belts

TECHNIQUE	Black Belts
Forefist Punch/Knifehand Side Strike	Secret Choice
Side Piercing Kick/Side Back Kick	Secret Choice

SENIOR Female Black Belts

TECHNIQUE	Black Belts
Front Elbow/Knifehand Side Strike	Secret Choice
Side Piercing Kick/Side Back Kick	Secret Choice

RULES

Adult and Senior Colour Belts and Senior Black Belts select two techniques from the choices, one hand and one foot and they also choose the number of boards secretly to the Centre Referee prior to the start.

In the event of a draw, competitors will have to perform the techniques that they have not chosen in the second round and again give the number of boards to the umpire. Both techniques will be required. If there is still a draw then the Jury President will select a technique at random and the number of boards until the winners are decided.

Medals can only be given out to competitors who have gained some points. 2 Bronzes will only be awarded if the competitors are on the same number of points. If there is only one competitor in the division then they must score points to win the medal. 3 points for a broken board and 1 point for a bent board.

Draws

Draws will not be created until all competitors have signed in on the ring just before the event starts.

You will be able to see the competitors in each category and a schedule for each individual competitor instantly on arrival through our online portal that will be available at www.aeta.uk.

REGISTRATION

Before individuals can register, their club must be listed on the site aeta.uk. Therefore clubs looking to participate will need to apply by using the link on the main competition page, once the club is registered then either the individuals can register themselves or instructors can choose to register their competitors themselves. It will be possible to edit all entries once listed online and the instructor will have access to their students entries.

Registration will be open from 15th June 2026 and closes on Friday 9th October at midnight.

SPECTATOR INTERFERANCE

To ensure smooth running of the competition if any spectators, competitors or coaches are rude towards the organiser, referees or other competitors, then they will be asked to leave the competition venue immediately and risk that the competitor may be disqualified from all events including future AETA Competitions until further notice.

PROTEST

There will be no protest fee. If a coach wishes to dispute a result please approach one of the Tournament Committee members and we are happy to discuss it. If coaches are rude towards committee members they will not have the opportunity to put their point across. Parents cannot dispute a result with the umpires.

PHOTOGRAPHY

Clubs can apply for a press pass. Only a small number of these passes will be allocated on a first come first basis. You must contact us at competitions@aeta.uk to apply.

INSURANCE

Participation is at your own risk. The organisation is not responsible for any injuries which might happen during the event. We recommend that your competitors are in possession of an insurance, which covers any problem that might occur during traveling and participation to the event. Every competitor must be licenced with their association.

CONCUSSION

Competitors that have received a concussion within 4 weeks of this event will not be able to participate. Please ensure the competitors are healthy before the closing date. By registering for this event you will be confirming that the competitor is healthy, concussion free and able to compete. You can remove competitors up until the closing on Friday 17th October.

WELFARE/SAFEGUARDING

The AETA takes Welfare/Safeguarding very seriously and so we will have Welfare/Safeguarding officers at the event on both days for any issues that may arise. These individuals will be presented at the beginning of each day so participants can recognise who they are.

POLITICAL STATEMENTS

With many conflicts and varied opinions on sensitive subjects around the world we would like to ensure that everyone is comfortable competing in a purely TKD environment devoid of political or religious statements. A Taekwon-Do competition is not a platform for any statement outside of the Taekwon-Do world whatsoever therefore no flags, banners, insensitive T-shirts/clothing or leaflets etc.. will be allowed at this event. Club banners and National flags (without additional wording/logos) are welcome.

VISAS

The AETA cannot assist in obtaining Visas for this event.